

Quinoa with vegetables and cheese



Penguin®

The vegetable solution

NEW



Ideal as a side dish, both hot and cold

Ready to serve

GREENYARD

Quinoa with vegetables and cheese



- quinoa white & red
- white cheese
- spinach
- cherry tomatoes
- vegetable stock
- olive oil
- basil
- garlic

HOT OR
COLD



71117
5x1 kg



values for portions of 100g

*RI= Reference intake of an average adult
(8400kJ / 2000kcal)

Energy 663kJ/158kcal 7,9%*	Fat 5,4 g 7,7%*	Saturates 1,5 g 7,5%*	Sugar 0,8 g 0,9%*	Salt 0,87 g 14,5%*
----------------------------------	-----------------------	-----------------------------	-------------------------	--------------------------



Gluten-free dish full of vitamins,
fibre and proteins.

Ideal as a side dish with fish or
meat, a light lunch, picnic, ...

More recipe ideas or info?

Contact our sales team:

Greenyard Frozen

Provinciebaan 17 / 8840 Westrozebeke (BE)
T +32 51 78 82 00

www.greenyardfrozen.com
info@greenyardfrozen.com